INTRODUCTION

Neurolinguistic Programming (NLP) is an applied psychology methodology that has been applied in business, personal development, health, and education. One way of describing NLP is that it turns human excellence into mental strategies and physical actions. As decision makers, you lead and manage teams, as you bring your company to new directions. Key skills that you need include charismatic communication, visionary leadership, and effective management, and NLP has been applied in these areas since it's inception. In addition, one key requirement for all leaders is to always be at their best, where NLP has developed methods of increasing the leader performance potential. This 2 Day course is a hands-on workshop where the relevant NLP skills will be taught, followed by active exercises, and followed by adebrief. Complete hand-outs will be given when the training starts together with worksheets that can be later used in a team building and leadership context.

WHAT IS NLP?

NEURO refers to our nervous system, which links our five senses by which we see, hear, feels, smell and taste.

LINGUISTIC refers to our language-how we speak, what we speak, our body language and emotions.

PROGRAMMING is how we program our thoughts and actions, or habits in a way that it helps us achieve what we want.

HOW IT WILL BENEFIT YOU

- Understand the origins and application of NLP
- Be able to train staff to use NLP tools to enhance communication
- Be able to assess staff using NLP profiling tools
- Become a better coach using NLP Coaching Framework
- Enable strategic planning and goal setting using NLP



NLP BASICS History of NLP Presuppositions of NLP Application of NLP in Human Resource Development

NLP GOAL SETTING

POSEE and SMART goal setting Integrating organisational KPI's and individual perfor Disney Creative Strategy for generating ideas

NLP COACHING FRAMEWORK

Differences between Training, Coaching, and Mentoring NLP Coaching Tools



NLP FOR HR PROFILING

Preferred Sensory System Meta Programs

NLP FOR COMMUNICATION

Meta Model For Precision Milton Model For Persuasion Rapport and Body Language NLP Negotiation Process

NLP FOR DUPLICATING EXCELLENCE

Uncovering Strategies of Excellence Installing Strategies of Excellence

Organised by:



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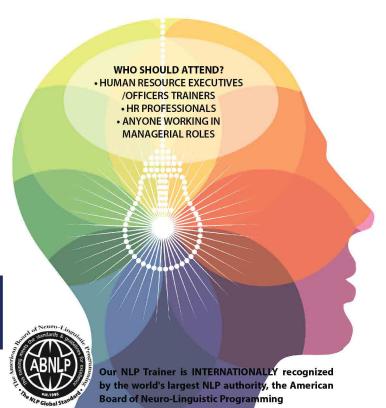
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NEURO LINGUISTIC PROGRAMMING

NLP FOR HUMAN RESOURCE EXECUTIVES





DR SIVAKUMAR KUMARESAN

Dr. Sivakumar Kumaresan is an American Board of NLP (ABNLP) Certified NLP Trainer. He has been a practioner of NLP since he took his NLP Practitioner certification in Manchester, United Kingdom. in 1996.

He has been teaching and training university students and professionals in the areas of NLP, health, communication, and accelerated learning since 1998. Among his past training clients include the Brunei Ministry of Industry and Primary Resources, the Brunei Ministry of Defence, Petronas, Shell, Universiti Teknologi Malaysia, and the Sabah Ministry of Resource Development and Information Technology. Dr. Siva has been a keynote speaker in various events such as the Sabah Oil and Gas Conference and Exhibition in 2013, the Asian Womens Empowerment Conference in 2014 and 2015, and the GREAT 2017 Conference.

He serves as an Associate Professor at Universiti Malaysia Sabah where he founded the Chemical Engineering Programme in 1998. He currently serves as the Deputy Director for the Centre for Industry and Community Network





NO.	NAME OF PARTICIPANT	DESIGNATION	CONTACT NO. (H/P)

COMPANY INFORMATION

Company Name	!
Address	:
Tel	:
Fax	<u>:</u>
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Authorised Personnel /Contact Person	:
Designation	:
Contact No.	š

Registration form can be sent via fax/e-mail to:-

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NORMAL RATE	1680		

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